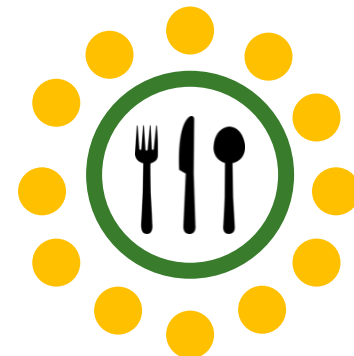


recipe of the week:

## Peanut Butter & Jelly Healthy Oatmeal Cookies



### ingredients:

2 medium ripe bananas, mashed

1 cup of uncooked quick oats

2 tbsp chunk peanut butter

4 tsp reduced sugar jelly

### directions:

1. Preheat oven to 350°

2. Spray a non-stick cookie sheet with cooking spray

3. Combine mashed bananas and peanut butter in a medium bowl

4. Add oats and mix until thoroughly combined

5. Place batter by tablespoon on cookie sheet

6. Bake 15 minutes or until golden

7. Top each with ¼ tsp jelly

Presented by:

