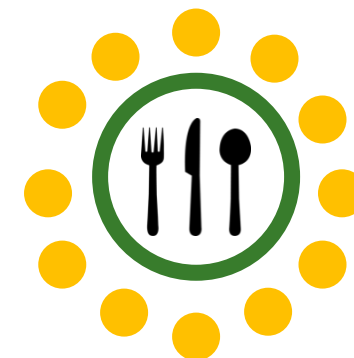


recipe of the week:

Pineapple Pie



ingredients:	directions:
8 oz. sour cream	1. Mix all ingredients together.
1 large sugar free vanilla instant pudding	2. Fold into graham cracker crust.
1 medium can crushed pineapple in it's own juice	
1 small container Cool Whip	
1 Graham Cracker Crust	

Presented by:

