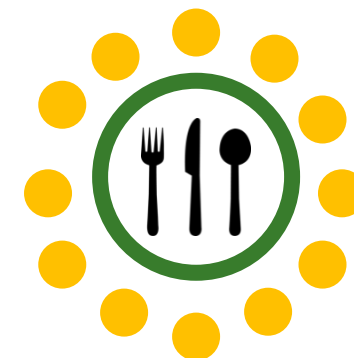


recipe of the week:

Chocolate Pudding "Cake"



ingredients:	directions:
30 graham cracker squares	1. Arrange 10 graham squares on the bottom of 8" square pan
1.4 oz. box sugar-free/fat-free chocolate pudding mix	2. Prepare pudding according to package directions & cool in refrigerator for 5 minutes
1½ cups fat-free milk	3. Fold 6 oz. whipped topping into pudding & incorporate
12 oz. fat-free whipped topping	4. Spread ½ of the pudding mixture over graham squares
¼ cup mini-chocolate chips	5. Cover with 10 remaining graham squares
	6. Repeat layers
	7. Refrigerate at least 3 hours
	8. Top with remaining whipped topping & sprinkle with mini chocolate chips

Presented by:

