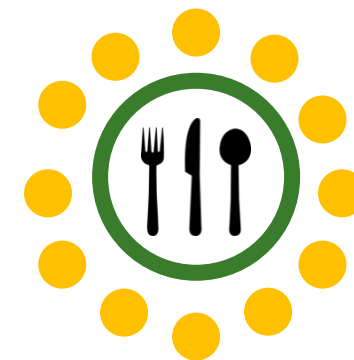


recipe of the week:

Grilled Peaches with Yogurt and Honey



ingredients:

¼ cup fat free vanilla Greek yogurt

⅛ tsp cinnamon

2 large ripe peaches, cut in half (pit removed)

2 tbsp. honey

directions:

1. Combine yogurt and cinnamon

2. Grill peaches covered on low or indirect heat until soft (2-4 minutes) on each side

3. Drizzle with honey

4. Serve with 1 tbsp. of yogurt

Presented by:

