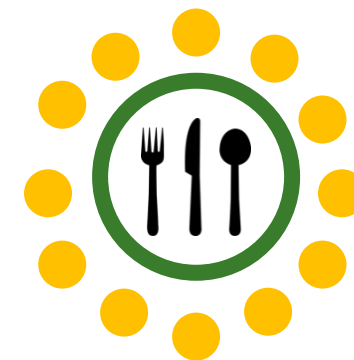


# recipe of the week:

## Sweet Potato Toast



ingredients:	directions:
1 large sweet potato, rinsed and scrubbed clean	1. Slice sweet potato lengthwise into 1/4" thick slices.
Desired toppings (see below) *Feel free to make these your own!	2. Insert slices into toaster (as you would bread) and toast on high. Check the sweet potatoes after it pops up from toaster. (It's ready when you can easily pierce a fork into the flesh, it's ready.) Continue toasting until tender, if necessary. If the toast is darkening too quickly, turn down the toaster setting to medium.
<b>PB &amp; J</b>	3. Top as desired and serve immediately.
Peanut butter	
Berry jelly	
granola	
<b>Avotoast</b>	
Mashed avocado	
Red pepper flakes	
Flaky sea salt	
Squeeze of lime	
<b>Fried Egg</b>	
Fried egg	
Kosher salt	
Freshly ground black pepper	
Hot sauce	

Presented by:

